



WHAT?

Our Multi-Skills package assesses the pupils Agility / Balance / Coordination over 3 visits to your school, giving an assessment of their physical literacy and the progress they make between visits.

WHY?

1. By engaging your pupils in these fun activities we can show them that they can improve their Agility / Balance / Coordination and help build their confidence in their own abilities.
2. Because the activities are not sport specific they allow for an inclusive assessment and development of skill beyond the traditional sports offering.
3. The assessments gives quantitative data that allows you to target your provision at those areas that need it and to identify pupils that are either ready to excel or who need further support.
4. The reports show the progress that your pupils make over the 3 visits and the effectiveness of your provision.

WHO IS MULTI-SKILLS FOR?

Don't worry - we have called it 'Assessments' but they are **FUN** - your pupils will enjoy doing them and getting better at them. With separate score sheets for KS1 and KS2 the Multi-Skills assessments are applicable for your whole school.

WHAT NEXT?

Please contact us, we would love the opportunity to tell you a bit more about the Multi-Skills assessments and tell you how other schools have used them.

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MULTI-SKILLS

MULTI-SKILLS ASSESSMENTS



PE PREMIUM

HEALTH IMPROVEMENT PLAN

Visit 1

Agility / Balance / Coordination initial assessments to benchmark pupil ability and allow for targeted development and training.

Report 1

Assessment and Feedback allowing schools to focus their in-school training



In school Multi-Skills training focused on Agility, Balance and Coordination

Visit 2

Agility, Balance and Coordination interim assessment measuring improvement

In school Multi-Skills training focused on Agility, Balance and Coordination

Final visit

Agility, Balance and Coordination assessments and celebrations



Improvements made across the Multi-Skills areas of Agility, Balance and Coordination demonstrate to pupils that they have the ability to improve and give them the **confidence** and **physical literacy** to succeed in activities of their choice. The Final report shows the progress made by each child and each class, evidencing the positive outcomes of the programme

In school training can take many forms; as part of PE lessons, play time activities or after-school clubs. Where schools are using our Change4Life package these activities are linked to the Multi-Skills Agility / Balance / Coordination targets.

