

Risk assessment and Management 2026

Bushcraft

Description.

Bushcraft is about thriving in the natural environment, and the acquisition of the skills and knowledge to do so.

Bushcraft sessions typically include fire lighting, marshmallow cooking and popcorn making, occasionally they might include dough making / cooking or other cooking.

Managing Risk Statement. Supervisors will hold the appropriate qualification (experience and training) for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions(see [Weather Policy](#))

Benefits. Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
Slips trips falls	all	No running during the session Obvious trip hazards identified during the initial briefing
Burns - body • Making fires during sustained periods of dry weather . • Poor behaviour • Poor instruction & monitoring	all	Ongoing supervision Fires must only be lit at areas where permission has been granted. An appropriate means of extinguishing a fire should be present. Extra care must be taken when lighting fires during sustained periods of dry weather
Burns – Mouth / lips	Participants	10 second rule when cooking marshmallows

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 1/2/2025

Signed: Bryn Beach

Review Date: March 2026

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.

		No skewers directly into mouth
Food - allergens Individual allergies		Instructor must make themselves aware of special dietary needs before cooking
Specific assessments		
Cuts from tools - Using tools incorrectly - Blunt tools - Poor behaviour - Poor instruction & monitoring	All	Instruction to be provided, including health and safety briefing Ongoing supervision Tools only given to participants who can behave sensibly When not in use knife to stay in its case

Operating Procedures

Before

- Check medical / consent forms.
- Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes.
- Check the weather forecast – does your plan still work.
- Check if there any venue restrictions (bird ban / road closures / rockfall)
- Instructor to ensure correct kit is available for the venue / group.
- Instructor to inspect all kit to ensure it is usable.
- If residential course ensure the group know where to go / park etc.

During

- Clear briefing to highlight risks, safety measures and expectations.
- Any assistants / staff to briefed on their role.
- Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability.

After

- Return kit.
- Inform Course Leader of any damages or loss.
- Inform Course Leader of any issues with group / venue to assist with planning for future.

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Instructor Incapacitated	Critical Incident Plan
Ensure that the teacher/visiting staff knows where your copy of the 'Instructor Incapacitated' and 'Critical Incident Plan' are.	
E3ADVENTURES.COM INSTRUCTOR INCAPACITATED In the case of a incident / accident the E3Adventures staff will follow the 'critical incident plan' (see over). However in the situation where they are incapacitated this crib sheet will help you manage the situation until help arrives. Group Safety - Look after yourself, do not put yourself in danger. - Look after the group, make sure they are out of danger. In this scenario the group may be worried, you might need to tell them where to go/sit and not move so they do not put themself in danger. - If necessary move the casualty out of any further danger. First Aid - Perform first aid (do what you can) - If it is bleeding - stop it bleeding (direct pressure) - If it is broken - don't move it - If they are unconscious - put them in the safe airway position (below) - If they are not breathing and you feel you can start CPR D R S A B C Danger Response Shout Airway Breathing Circulation Call for Help - You can Phone 999 /112 using your phone or the instructors phone - If there are other groups near by you can shout for help - You can contact other staff via the WhatsApp group - Location - What Happened / Who is hurt / what has been done - The group 1 2 3 4	CRITICAL INCIDENT PLAN The below 'Critical Incident' plan gives useful process to follow in the case of a critical incident. However any incident is likely to have its own unique features and it will be up to the E3Adventures staff with the support of the Group staff to manage an incident in the way that produces the best outcomes. Critical Incident E3Adventures Staff Take control of incident, provide first aid. See EAP School Staff Supervise the remainder of the group Contact emergency services Follow the schools EAP regarding contact with school and other agencies Depending on the incident may need to seek additional support for group, eg Transport for group if needed? E3Adventures Director Contact emergency services. School staff to assist. When appropriate contact the E3 Course Director / Directors Contact insurers Contact appropriate support Continue with First Aid / incident management until emergency services take over Emergency Services Arrive Accompany casualty to hospital. Continue with School EAP Supervise remainder of group with support from school staff and course director. Reassess transport / activity plan work with school staff to manage situation Work with E3 Staff to support the group Manage aftermath, thinking about casualty, pupils, staff, parents, other stakeholders Accident Report / statement Cup of Tea Lessons Learnt / debrief / discussion Ensure all staff are supported Make any changes that need to be made

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Bushcraft Handbook



Please refer to the Bushcraft Handbook for lesson plans

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