

Risk assessment and Management 2026

All Climbing

Description.

There are many sub-sports within climbing, this will include.

- Indoor climbing on an artificial structure / climbing wall. Indoor climbing may include bouldering and any 'indoor' bouldering problems are mentioned here.
- Mobile climbing wall that is erected at the clients site. Use of Auto-Belays or traditional bottom rope belaying.
- Multi pitch rock climbing. This may involve a walk or scramble into the bottom of the route or an abseil in to a sea cliff route. Descent after the climb may involve a walk, scramble or an abseil (separate RAs).
- Tree Climbing using Monkey Holds.

For Tree Climbing risk assessment at Deers Leap Park see 'High Ropes' Risk Assessment

Managing Risk Statement.

Supervisors will hold the appropriate qualification for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions(see [Weather Policy](#))

In general helmets to be worn for all climbing activity, unless using an auto belay system or if at an external commercial climbing wall, then a discussion with the wall owner.

Benefits.

Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
Personal Injury • Inappropriate spotting whilst bouldering. • Jewellery being worn. • Climbing without shoes. • Rope burn – belayer • Rope burn – climber • Finger injuries	Instructors & All Participants/Group Leaders	Highlight danger areas (fall areas / bouldering mats etc) during initial briefing. Climb down where possible don't jump Good brief and instructor vigilance – controlled movement encouraged. Wearing helmets.

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 1/1/2026

Signed: Bryn Beach

Review Date: January 2027

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.

Swinging and bashing limbs/ head		Participants should be shown how to spot correctly – this must be monitored. Jewellery that poses a risk must be removed or covered with tape. Hair tied back, loose clothing tucked away. Belaying will be monitored throughout the session particularly on direction change (climb to lower). In control at all times. Climbers coached in correct position for lowers – not holding rope from belayer to top anchor, not jumping etc Climbers are not to use bolts / hangers / quickdraws in any way to climb.
Falls from height - Incorrect harness fitting - Incorrect belaying		Instructor to physically check all aspects of the safety chain before each climb – once participants are able to buddy check correctly (multiple sessions) then the instructor is to monitor this check. Instruction on safe and appropriate belaying technique to be provided - instructor to monitor. Instructors to work within qualification remit.
Stuck climber		

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 1/1/2026

Signed: Bryn Beach

Review Date: January 2027

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.

- Climber on a ledge refusing to descend - Climber unable to go up / down – leg / arm caught on or in a feature.		Route choice – choose routes that are suitable for the group. Not likely in an indoor setting! Close supervision to avoid, physical presence to pull on rope to help back on to wall to sort.
Equipment dropped from height.	Anyone at the bottom of the climb	Clients kept at a distance from the wall. No loose items / bags / phones in pockets to be climbed with.
Specific assessments		
Mobile Climbing Wall - Stability Uneven Ground or high winds	All	Weather Forecast checked at the beginning of the day. Tower only 'up' with member of staff present. Ground conditions checked and monitored during events.
Climbing Walls at DLP Sharp edges (sides and footings). Loose Holds	Participants	To be monitored and protected where necessary. Brief group of potential, avoid / report and tighten ASAP.
Mobile Climbing Wall Access and Egress		Access/Egress to be inspected before hand by Andy Camis
Falling / dead branches Loose or dead branches.		Visual and physical inspection during set up Instructor to climb (being belayed) to physically check climb
Boulder Traverse wall at DLP Uneven hard ground / falling awkwardly (head/limbs). Loose Holds Spotter hand/finger injury	Everyone Participant Participant	Good briefing and encouragement, staying low, down climb. Instructor vigilance, monitoring and coaching of spotting and support. Wear Helmet. Brief group of potential, avoid / report and tighten ASAP.
Risk assessment conducted by: E3Adventures Ltd		Date Conducted: 1/1/2026
Signed: Bryn Beach		Review Date: January 2027
An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.		

		No harnesses to be worn. Good spotting technique taught and coached (braced stance, alert, not catching / supporting down).
--	--	--

Operating Procedures

Before

- Check medical / consent forms.
- Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes.
- Check the weather forecast – does your plan still work.
- Check if there any venue restrictions (bird ban / road closures / rockfall)
- Instructor to ensure correct kit is available for the venue / group.
- Instructor to inspect all kit to ensure it is usable.
- If residential course ensure the group know where to go / park etc.

During

- Clear briefing to highlight risks, safety measures and expectations.
- Any assistants / staff to briefed on their role.
- Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability.

After

- Return kit.
- Inform Course Leader of any damages or loss.
- Inform Course Leader of any issues with group / venue to assist with planning for future.

Risk assessment conducted by: E3Adventures Ltd	Date Conducted: 1/1/2026
Signed: Bryn Beach	Review Date: January 2027
An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.	

Instructor Incapacitated

Critical Incident Plan

Ensure that the teacher/visiting staff knows where your copy of the 'Instructor Incapacitated' and 'Critical Incident Plan' are.

E3ADVENTURES.COM

INSTRUCTOR INCAPACITATED

In the case of an incident / accident the E3Adventures staff will follow the 'critical incident plan' (see over). However in the situation where they are incapacitated this crib sheet will help you manage the situation until help arrives.

Group Safety

- **Look after yourself**, do not put yourself in danger.
- **Look after the group**, make sure they are out of danger. In this scenario the group may be worried, you might need to tell them where to go/sit and not move so they do not put themselves in danger.
- If necessary **move the casualty** out of any further danger.

First Aid

- Perform **first aid** (do what you can)
 - If it is bleeding - stop it bleeding (direct pressure)
 - If it is broken - don't move it
 - If they are unconscious - put them in the safe airway position (below)
 - If they are not breathing and you feel you can start CPR



Call for Help

- You can Phone **999 / 112** using your phone or the instructors phone
- If there are other groups near by you can **shout for help**
- You can contact other staff via the **WhatsApp group**

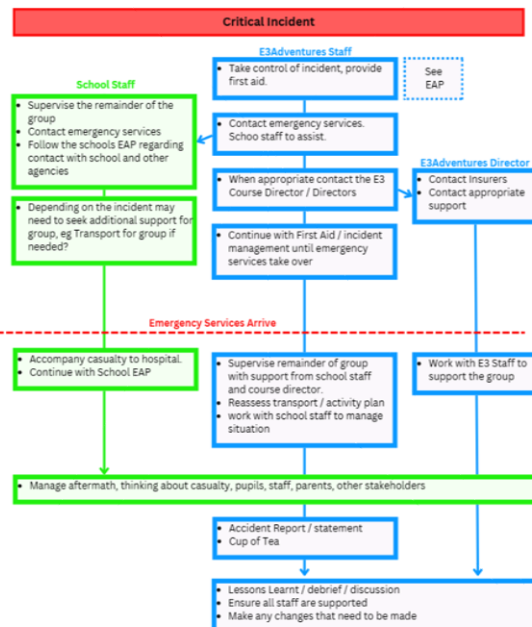


- Location
- What Happened / Who is hurt / what has been done
- The group



CRITICAL INCIDENT PLAN

The below 'Critical Incident' plan gives useful process to follow in the case of a critical incident. However any incident is likely to have its own unique features and it will be up to the E3Adventures staff with the support of the Group staff to manage an incident in the way that produces the best outcomes.



Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 1/1/2026

Signed: Bryn Beach

Review Date: January 2027

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.