

Risk assessment and Management 2024
Indoor climbing
Description.

There are many sub-sports within climbing. Here we are looking at indoor climbing on an artificial structure / climbing wall. Indoor climbing may include bouldering and any 'indoor' bouldering problems are mentioned here.

Managing Risk Statement.

Supervisors will hold the appropriate qualification for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions(see [Weather Policy](#))

Benefits.

Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
<p>Personal Injury</p> <ul style="list-style-type: none"> • Inappropriate spotting whilst bouldering. • Jewellery being worn. • Climbing without shoes. • Rope burn – belayer • Rope burn – climber • Finger injuries 	<p>Instructors & All Participants/Group Leaders</p>	<p>Highlight danger areas (fall areas / bouldering mats etc) during initial briefing. Climb down where possible don't jump</p> <p>Participants should be shown how to spot correctly – this must be monitored.</p> <p>Jewellery that poses a risk must be removed or covered with tape.</p> <p>Belaying will be monitored throughout the session particularly on direction change (climb to lower). In control at all times.</p> <p>Climbers coached in correct position for lowers – not holding rope from belayer to top anchor, not jumping etc</p>

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 1/2/2024

Signed: Bryn Beach

Review Date: Jan 2025

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.

		Climbers are not to use bolts / hangers / quickdraws in any way to climb.
<p>Falls from height</p> <ul style="list-style-type: none"> • Incorrect harness fitting • Incorrect belaying 		<p>Instructor to physically check all aspects of the safety chain before each climb – once participants are able to buddy check correctly (multiple sessions) then the instructor is to monitor this check.</p> <p>Instruction on safe and appropriate belaying technique to be provided - instructor to monitor.</p> <p>Instructors to work within qualification remit.</p>
<p>Stuck climber</p> <ul style="list-style-type: none"> • Climber on a ledge refusing to descend • Climber unable to go up / down – leg / arm caught on or in a feature. 		<p>Route choice – choose routes that are suitable for the group. Not likely in an indoor setting!</p>
Specific assessments		

Operating Procedures
<p><u>Before</u></p> <ul style="list-style-type: none"> • Check medical / consent forms.

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- Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes.
- Check the weather forecast – does your plan still work.
- Check if there any venue restrictions (bird ban / road closures / rockfall)
- Instructor to ensure correct kit is available for the venue / group.
- Instructor to inspect all kit to ensure it is usable.
- If residential course ensure the group know where to go / park etc.

During

- Clear briefing to highlight risks, safety measures and expectations.
- Any assistants / staff to briefed on their role.
- Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability.

After

- Return kit.
- Inform E3 of any damages or loss.
- Inform course leader of any issues with group / venue to assist with planning for future.



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