

## Risk assessment and Management 2024

## Outdoor – Multi pitch climbing

**Description.**

There are many sub-sports within climbing. Here we are looking at multi pitch rock climbing. This may involve a walk or scramble into the bottom of the route or an abseil in to a sea cliff route. Descent after the climb may involve a walk, scramble or an abseil (separate RAs).

**Managing Risk Statement.**

Instructors will hold the appropriate qualification for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions( see [Weather Policy](#))

**Benefits.**

Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
<p><b>Personal Injury</b></p> <ul style="list-style-type: none"> <li>• Rock falling from above.</li> <li>• Slipping whilst climbing/abseiling.</li> <li>• Trips whilst walking to and from crag.</li> <li>• Jewellery being worn and getting caught.</li> <li>• Rope burn – belayer</li> <li>• Rope burn – climber</li> <li>• Finger injuries</li> </ul>	<p>Instructors &amp; All Participants/Group Leaders</p>	<p>All climbers <b>must</b> wear helmets once at the venue.</p> <p>Appropriate footwear must be worn on approach and climb (shoes for descent if long walk off).</p> <p>Jewellery (posing a risk) must be removed or covered with tape.</p> <p>Belaying will be monitored throughout the session.</p> <p>Climbers coached in correct position for lowers – not holding rope from belayer, not jumping etc.</p> <p>Climbs to be within capability of instructor. Appropriate belaying technique to be used by clients.</p> <p>Appropriate kit taken on route by the instructor considering the</p>

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		length of the route / weather forecast / bail options.
<b>Falls from height</b> <ul style="list-style-type: none"> <li>Anchor failure</li> <li>Participants wanting to get a close look over the edge.</li> <li>Incorrect harness fitting</li> </ul>		<p>Appropriate anchors used for stances.</p> <p>Instructor and participants tied in appropriately.</p> <p>Instructor to carry out appropriate safety checks prior to start of climb.</p> <p>Climbs to be progressive if clients are an unknown. (don't take their word that they've done 'loads')</p>
<b>Stuck climber</b> <ul style="list-style-type: none"> <li>Climber unable to go up / down – leg / arm caught on or in a feature.</li> </ul>		<p>Route choice – choose routes that are suitable.</p> <p>Strange things do happen – instructor will be qualified and experienced enough to deal with this in a multipitch environment.</p>
<b>Specific assessments</b>		
<b>Castel Helen – Gogarth, N wales</b>	Abseil into the routes	Pegs must be backed up and an abseil rope left in place in-case there is a need to ascend to escape.

### Operating Procedures

#### Before

- Check medical / consent forms.
- Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes.
- Check the weather forecast – does your plan still work.
- Check if there any venue restrictions (bird ban / road closures / rockfall)

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- Instructor to ensure correct kit is available for the venue / group.
- Instructor to inspect all kit to ensure it is usable.
- If residential course ensure the group know where to go / park etc.

#### During

- Clear briefing to highlight risks, safety measures and expectations.
- Any assistants / staff to briefed on their role.
- Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability.

#### After

- Return kit.
- Inform E3 of any damages or loss.
- Inform course leader of any issues with group / venue to assist with planning for future.



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