

Risk assessment and Management 2024

Remote supervision / DofE expeds

Description.

Remote supervision. Normally associated with Duke of Edinburgh expeditions where the group are trained in expedition skills and then supervised from a distance to give the illusion of being alone. When groups are remotely supervised they may be minutes away from external assistance / help or hours depending on their level of training / ability.

For info only

Supervision can be broken in the following 3 stages; Direct, close and remote supervision. Gradually passing control and responsibility to the group.

Direct supervision – instructor / supervisor is there with the group and will generally make the decisions but may include the group in this process.

Close supervision – The supervisor may be out of view at times but will ‘shadow’ the group and is on hand if needed. Decisions made by the group but in the knowledge there is support on hand if required.

Managing Risk Statement. Supervisors will hold the appropriate qualification for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions(see [Weather Policy](#))

Benefits. Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
Slips/trips/falls (this can be exacerbated by poor footwear, lack of fitness, poor route choice)	All (in particular those with poor footwear, lack of fitness)	<p>Training given on appropriate footwear and route choice / walking technique prior to the activity.</p> <p>Group pre informed of fitness requirements and footwear requirements.</p> <p>Potential hazards (slippery rocks etc.) talked about as part of the training and practice.</p>

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 1/2/2024

Signed: Bryn Beach

Review Date: Jan 2025

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Lifting/moving rucksacks/equipment	Group members	<p>During training and practice expeditions staff will discuss appropriate rucksack fitting / wearing and movement.</p> <p>Proper lifting techniques discussed and demonstrated.</p>
Road and Rail Hazards	Group members (especially the younger/less experienced groups)	<p>Training given, route planned with road hazards taken into account.</p> <p>Groups given briefing at start of day to identify the dangers / hazards and a plan put in action to manage these..</p> <p>Only identified rail / 'major road' crossings to be used.</p>
Cooking / use of stoves	All	<p>Training given on how to use stoves safely.</p> <p>Cooking only to take place in designated areas away from tents.</p> <p>First aid / burns, covered in training. Nearest water / tap identified.</p> <p>Fuel bottles (if used) stored away from cooking area.</p>
Camping (Use of tents, campsites)	Groups	<p>Trained in the use of tents – putting up and taking down and carrying.</p> <p>Use of campsites talked about during training and each campsite will be checked by the supervisor before groups arrive.</p>

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		Siting of tents – avoid dead hanging wood, wind, flooding etc.
Water hazards Lakes, rivers and streams	Groups	Only cross water features at designated crossing points. NO 'WET' RIVER CROSSINGS (above calf).
Emergency	Groups	If the group encounters a situation the deem an emergency they have an emergency mobile phone they can use to call 999 and / or the supervisor. Supervisor number programmed in by group on day one so they know how to use the phone. Emergency training given before the expedition. Crib card kept with phone as a reminder.
Lost	Groups	Groups trained in use of map and compass. Inc relocation. Theory check at the start of the day and at checkpoints. 'overtime' procedure trained and reminded. If running 1h late phone supervisor. Routes planned and checkpoints positioned to create sectors to assist with finding lost groups
Wild camping	All	All wild camping spots to be visited prior to group use and a bad weather option identified and plan decided

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		<p>with / communicated to the group.</p> <p>Very exposed areas and likely flood areas to be avoided.</p> <p>A Low camping option must always be planned and communicated to the group with the route from a to b discussed.</p> <p>Supervisors may wild camp near the group if they are remote / poor weather expected.</p>
Specific assessments		
North Wales – Steep ground descending South East from CARNEDD LLEWELYN to FFYNNON LLUGWY	Students on D of E, N Wales	The group will be briefed about this section specifically (do not proceed until you have met the instructor) and will be met before this section by an instructor to assist them if needed.
Lakes – Angle tarn Wild camp.	Students Wild camping at ANGLE TARN	Students will be briefed on a bad weather plan at the start of the expedition and will be met at ANGLE TARN by their instructor and be a part of the decision making process (plan A or plan B). They will also be briefed on the location of the supervisor and easiest route down to the alternative campsite if the weather changes through the night.

Operating Procedures

Before

- Check medical / consent forms.

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- Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes.
- Check the weather forecast – does your plan still work.
- Check if there any venue restrictions (bird ban / road closures / rockfall)
- Instructor to ensure correct kit is available for the venue / group.
- Instructor to inspect all kit to ensure it is usable.
- If residential course ensure the group know where to go / park etc.

During

- Clear briefing to highlight risks, safety measures and expectations.
- Any assistants / staff to briefed on their role.
- Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability.

After

- Return kit.
- Inform E3 of any damages or loss.
- Inform course leader of any issues with group / venue to assist with planning for future.

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