

Risk assessment and Management 2026

Remote supervision / DofE expeds

Description.

Remote supervision. Normally associated with Duke of Edinburgh expeditions where the group are trained in expedition skills and then supervised from a distance to give the illusion of being alone. When groups are remotely supervised they may be minutes away from external assistance / help or hours depending on their level of training / ability.

For info only

Supervision can be broken in the following 3 stages; Direct, close and remote supervision. Gradually passing control and responsibility to the group.

Direct supervision – instructor / supervisor is there with the group and will generally make the decisions but may include the group in this process.

Close supervision – The supervisor may be out of view at times but will 'shadow' the group and is on hand if needed. Decisions made by the group but in the knowledge there is support on hand if required.

Managing Risk Statement. Supervisors will hold the appropriate qualification for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions(see [Weather Policy](#))

Benefits. Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
Slips/trips/falls (this can be exacerbated by poor footwear, lack of fitness, poor route choice)	All (in particular those with poor footwear, lack of fitness)	Training given on appropriate footwear and route choice / walking technique prior to the activity. Group pre informed of fitness requirements and footwear requirements. Potential hazards (slippery rocks etc.) talked about as part of the training and practice.

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 2/2/2026

Signed: Bryn Beach

Review Date: February 2027

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Lifting/moving rucksacks/equipment	Group members	During training and practice expeditions staff will discuss appropriate rucksack fitting / wearing and movement. Proper lifting techniques discussed and demonstrated.
Road and Rail Hazards	Group members (especially the younger/less experienced groups)	Training given, route planned with road hazards taken into account. Groups given briefing at start of day to identify the dangers / hazards and a plan put in action to manage these.. Only identified rail / 'major road' crossings to be used.
Cooking / use of stoves	All	Training given on how to use stoves safely. Cooking only to take place in designated areas away from tents. First aid / burns, covered in training. Nearest water / tap identified. Fuel bottles (if used) stored away from cooking area.
Camping (Use of tents, campsites)	Groups	Trained in the use of tents – putting up and taking down and carrying. Use of campsites talked about during training and each campsite will be checked by the supervisor before groups arrive.

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		Siting of tents – avoid dead hanging wood, wind, flooding etc.
Water hazards Lakes, rivers and streams	Groups	Only cross water features at designated crossing points. NO 'WET' RIVER CROSSINGS (above calf).
Emergency	Groups	If the group encounters a situation they deem an emergency they have an emergency mobile phone they can use to call 999 and / or the supervisor. Supervisor number programmed in by group on day one so they know how to use the phone. Emergency training given before the expedition. Crib card kept with phone as a reminder.
Lost	Groups	Groups trained in use of map and compass. Inc relocation. Theory check at the start of the day and at checkpoints. 'overtime' procedure trained and reminded. If running 1h late phone supervisor. Routes planned and checkpoints positioned to create sectors to assist with finding lost groups
Wild camping	All	All wild camping spots to be visited prior to group use and a bad weather option identified and plan decided

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		with / communicated to the group. Very exposed areas and likely flood areas to be avoided. A Low camping option must always be planned and communicated to the group with the route from a to b discussed. Supervisors may wild camp near the group if they are remote / poor weather expected.
Specific assessments		
North Wales – Steep ground descending South East from CARNEDD LLEWELYN to FFYNNON LLUGWY	Students on DofE, N Wales	The group will be briefed about this section specifically (do not proceed until you have met the instructor) and will be met before this section by an instructor to assist them if needed.
Lakes – Wild camp.	Students Wild camping at STYHEAD TARN	Students will be briefed on a bad weather plan at the start of the expedition and will be met at STYHEAD TARN by their instructor and be a part of the decision making process (plan A or plan B). They will also be briefed on the location of the supervisor and easiest route down to the alternative campsite if the weather changes through the night.

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Operating Procedures

Before

- Check medical / consent forms.
- Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes.
- Check the weather forecast – does your plan still work.
- Check if there any venue restrictions (bird ban / road closures / rockfall)
- Instructor to ensure correct kit is available for the venue / group.
- Instructor to inspect all kit to ensure it is usable.
- If residential course ensure the group know where to go / park etc.

During

- Clear briefing to highlight risks, safety measures and expectations.
- Any assistants / staff to briefed on their role.
- Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability.

After

- Return kit.
- Inform E3 of any damages or loss.
- Inform course leader of any issues with group / venue to assist with planning for future.

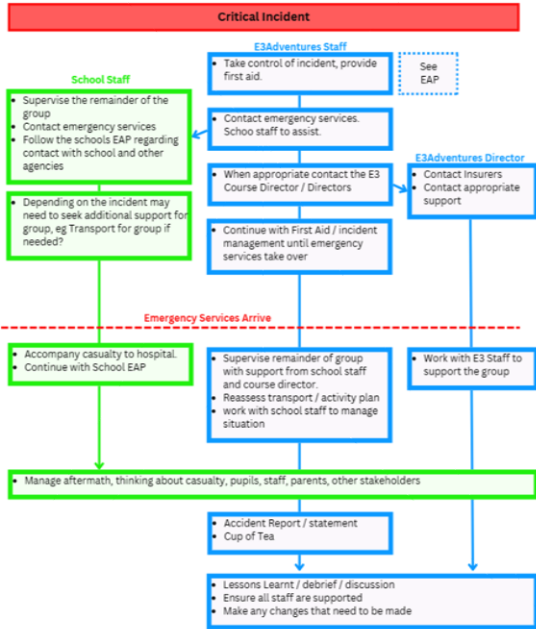
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Instructor Incapacitated	Critical Incident Plan
Ensure that the teacher/visiting staff knows where your copy of the 'Instructor Incapacitated' and 'Critical Incident Plan' are.	
 INSTRUCTOR INCAPACITATED In the case of a incident / accident the E3Adventures staff will follow the 'critical incident plan' (see over). However in the situation where they are incapacitated this crib sheet will help you manage the situation until help arrives. Group Safety • Look after yourself, do not put yourself in danger. • Look after the group, make sure they are out of danger. In this scenario the group may be worried, you might need to tell them where to go/sit and not move so they do not put themselves in danger. • If necessary move the casualty out of any further danger. First Aid • Perform first aid (do what you can) ◦ If it is bleeding - stop it bleeding (direct pressure) ◦ If it is broken - don't move it ◦ If they are unconscious - put them in the safe airway position (below) ◦ If they are not breathing and you feel you can start CPR D R S A B C Danger Response Shout Airway Breathing Circulation Call for Help • You can Phone 999 /112 using your phone or the instructors phone • If there are other groups near by you can shout for help • You can contact other staff via the WhatsApp group ◦ Location ◦ What Happened / Who is hurt / what has been done ◦ The group 	CRITICAL INCIDENT PLAN The below 'Critical Incident' plan gives useful process to follow in the case of a critical incident. However any incident is likely to have its own unique features and it will be up to the E3Adventures staff with the support of the Group staff to manage an incident in the way that produces the best outcomes. 

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