

Risk assessment and Management 2026

Dogs at Work

Description.

Abseiling / rappelling - Descending a fixed rope (or ropes) in the manner usually associated with mountaineering. This activity can take place on rocks, crags, sea cliffs, quarries and suitable structures (e.g. bridges, viaducts, buildings).

Managing Risk Statement. Supervisors will hold the appropriate qualification for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions (see [Weather Policy](#))

Benefits. Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
Dog Allergies	Employees, Freelancers and visitors	- Identify all personnel with allergies in advance. - Provide a designated dog-free area. - Severe allergies will result in dogs being restricted from the workplace. - If necessary, dogs to be kept on lead.
Dog Bites	Employees, Freelancers and visitors	- Assess dogs for temperament. - Any with aggressive temperament or history of aggression will be removed from the workplace. - Ensure dogs are properly trained for the environment and tasks being undertaken. - Employees to be first aid trained
Dog-related Trips or Falls	Employees, Freelancers and visitors	- Keep dogs on leads when the site has high footfall. - Designate specific zones for dogs. - Ensure the site is clear of clutter.

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 2/2/2026

Signed: Bryn Beach

Review Date: Jan 2027

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.

Noise Disruptions	Employees, Freelancers and visitors	- Keep dogs in specific pet-friendly zones. - Dogs must be kept under control. - If necessary, dogs to be kept on lead during sessions.
Hygiene Issues	Employees, Freelancers and visitors	- Prohibit dogs in kitchen areas. - Ensure regular cleaning of dog-friendly spaces. - Use proper waste disposal. - Dog owners to carry poo bags and waste to be collected immediately.
Dog Stress or Anxiety	Employees, Freelancers and visitors	- Designate quiet zones for dogs. - Encourage bringing well-socialized, calm dogs only. - Dogs to be trained for the environment and tasks being undertaken.
Injuries to Dogs	Dogs	- Ensure the environment is dog-safe - Always supervise dogs. - If necessary, dogs to be kept on lead during sessions. - Include dogs in emergency plans.
Workplace Distractions	Employees, Freelancers and visitors	- Implement guidelines for interacting with dogs. - Dogs to be trained for the environment and tasks being undertaken. - If necessary, dogs to be kept on lead during sessions.
Dogs Aggressing Towards Other Dogs	Employees, Freelancers, visitors and dogs	- Only allow well-behaved, socialized dogs. - Supervise dog interactions. - Limit the number of dogs per area.

Risk assessment conducted by: E3Adventures Ltd	Date Conducted: 2/2/2026
Signed: Bryn Beach	Review Date: Jan 2027
An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.	

		- If necessary, dogs to be kept on lead to restrict interactions.
Emergency Situations	Employees, Freelancers, visitors, and dogs.	- Include pets in evacuation plans. - Train employees on managing dogs during emergencies. - Additional leads to be kept on site.
Specific assessments		

Instructor Incapacitated	Critical Incident Plan
Ensure that the teacher/visiting staff knows where your copy of the 'Instructor Incapacitated' and 'Critical Incident Plan' are.	
E3ADVENTURES.COM INSTRUCTOR INCAPACITATED In the case of a incident / accident the E3Adventures staff will follow the 'critical incident plan' (see over). However in the situation where they are incapacitated this crib sheet will help you manage the situation until help arrives. Group Safety • Look after yourself, do not put yourself in danger. • Look after the group, make sure they are out of danger. In this scenario the group may be worried, you might need to tell them where to go/sit and not move so they do not put themselves in danger. • If necessary move the casualty out of any further danger. First Aid • Perform first aid (do what you can) ◦ If it is bleeding - stop it bleeding (direct pressure) ◦ If it is broken - don't move it ◦ If they are unconscious - put them in the safe airway position (below) ◦ If they are not breathing and you feel you can start CPR DRSABC Danger Response Shout Airway Breathing Circulation Call for Help • You can Phone 999 /112 using your phone or the instructors phone • If there are other groups near by you can shout for help • You can contact other staff via the WhatsApp group 1. Location 2. What Happened / Who is hurt / what has been done 3. The group 	CRITICAL INCIDENT PLAN The below 'Critical Incident' plan gives useful process to follow in the case of a critical incident. However any incident is likely to have its own unique features and it will be up to the E3Adventures staff with the support of the Group staff to manage an incident in the way that produces the best outcomes. Critical Incident E3Adventures Staff • Take control of incident, provide first aid. • Contact emergency services. School staff to assist. • When appropriate contact the E3 Course Director / Directors • Continue with First Aid / incident management until emergency services take over School Staff • Supervise the remainder of the group • Contact emergency services • Follow the schools EAP regarding contact with school and other agencies • Depending on the incident may need to seek additional support for group, eg Transport for group if needed? E3Adventures Director • Contact Insurers • Contact appropriate support Emergency Services Arrive • Accompany casualty to hospital. Continue with School EAP • Supervise remainder of group with support from school staff and course director. Reassess transport / activity plan. Work with school staff to manage situation • Work with E3 Staff to support the group Manage aftermath, thinking about casualty, pupils, staff, parents, other stakeholders • Accident Report / statement • Cup of Tea • Lessons Learnt / debrief / discussion • Ensure all staff are supported • Make any changes that need to be made

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 2/2/2026

Signed: Bryn Beach

Review Date: Jan 2027

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.