

Risk assessment and Management 2024	Gorge walking
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<p>Description.</p> <p>Gorge walking / Ghyll scrambling / Canyoning. Travelling up / down / through 'gorges' using a variety of techniques such roped scrambling, climbing, swimming, abseils and lowers.</p>		
<p>Managing Risk Statement. Supervisors will hold the appropriate qualification for this activity (see Minimum Qualifications document). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions(see Weather Policy)</p>		
<p>Benefits. Adventure Activities provide a range of benefits (see Education and Learning policy)</p>		
The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
<p>Personal Injury</p> <p>Slips</p> <p>Falls</p>	<p>Instructors & All Participants</p>	<p>Briefing at start to highlight slippery rocks. Loose rocks. Slippery wood etc. any specific items highlighted on route.</p> <p>Helmets worn</p> <p>Suitable footwear worn - assessed prior to start</p> <p>Steps / climbs to be managed appropriately. Spotting if able, ropes if more consequential or spotting not possible</p>
<p>Fatigue</p>	<p>Instructors & All Participants</p>	<p>Wetsuits worn if it's a 'wet' gorge. Keeping warm will help with energy levels.</p> <p>Exit points known by instructor so there are option if required to exit early.</p>

Risk assessment conducted by: E3Adventures Ltd	Date Conducted: 1/2/2024
Signed: Bryn Beach	Review Date: Jan 2025
<p>An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.</p>	

Drowning	Instructors & All Participants	<p>BAs to be worn.</p> <p>Deep water managed appropriately.</p> <p>No submerged squeezes</p>
Specific assessments		

Operating Procedures
<p><u>Before</u></p> <ul style="list-style-type: none"> • Check medical / consent forms. • Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes. • Check the weather forecast – does your plan still work. • Check if there any venue restrictions (bird ban / road closures / rockfall) • Instructor to ensure correct kit is available for the venue / group. • Instructor to inspect all kit to ensure it is usable. • If residential course ensure the group know where to go / park etc. <p><u>During</u></p> <ul style="list-style-type: none"> • Clear briefing to highlight risks, safety measures and expectations. • Any assistants / staff to briefed on their role. • Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability. <p><u>After</u></p> <ul style="list-style-type: none"> • Return kit. • Inform E3 of any damages or loss. • Inform course leader of any issues with group / venue to assist with planning for future.

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