

Risk assessment and Management 2024

High ropes elements

Description.

Rope courses / adventure courses / challenge courses are man made structures either on poles or on trees. These may be stand alone elements or part of a course but are generally 'obstacles' at height that are protected by a bottom rope system.

Managing Risk Statement. Supervisors will hold the appropriate qualification for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions(see [Weather policy](#))

Benefits. Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
Falls from height	Instructors & All Participants/Group Leaders	<p>All equipment suitable for the element (chest harness if there is a risk of inverting etc)</p> <p>Kit checked by instructor prior to anyone leaving the floor (safety chain)</p> <p>Appropriate belay system used. Grigri / rig / back up knots? Ground anchor?</p> <p>Helmets worn if there is a risk of hitting head or falling objects</p>
Rope burn		<p>Safety rope kept tight – taken in if any jumping to stop the chance of participant grabbing it and getting rope burn</p> <p>Ensure instructor is aware of venue operating</p>

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 1/2/2024

Signed: Bryn Beach

Review Date: Jan 2025

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.

		procedures for specific element if available.
Specific assessments		

Operating Procedures
<p><u>Before</u></p> <ul style="list-style-type: none"> • Check medical / consent forms. • Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes. • Check the weather forecast – does your plan still work. • Check if there any venue restrictions (bird ban / road closures / rockfall) • Instructor to ensure correct kit is available for the venue / group. • Instructor to inspect all kit to ensure it is usable. • If residential course ensure the group know where to go / park etc. <p><u>During</u></p> <ul style="list-style-type: none"> • Clear briefing to highlight risks, safety measures and expectations. • Any assistants / staff to briefed on their role. • Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability. <p><u>After</u></p> <ul style="list-style-type: none"> • Return kit. • Inform E3 of any damages or loss. • Inform course leader of any issues with group / venue to assist with planning for future.

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