

Risk assessment and Management 2026

Open Spaces

Description.

Open/Outside spaces such as fields, wooded areas, football pitches, netball courts offer an opportunity for free play such as an impromptu game of football or frisbee, games such as tag/it or other activities such as water pistol games.

Typically open/outside spaces are used for 'free play' under staff supervision.

Managing Risk Statement. Where supervised by E3Adventures staff they will be experienced working with young people in this and similar settings.

Benefits. Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
Slips and Trips	All.	Ensuring an appropriate open/outside space area with no significant risks = Dynamic risk assessment on the day dependent on the group + conditions at the time. All participants must wear shoes..
Rough play	All	Supervision of participants Awareness of differing play needs / styles of differing age groups and individuals
Getting Lost	All but especially the young	Clear discussion and explanation of boundaries – check for understanding. Keep in your groups. If lost – stay still – shout for help
Ingesting something they should not	All but especially the young	Clear discussion about NOT eating berries etc or putting fingers in mouth. Clean hands after.

Risk assessment conducted by: E3Adventures Ltd

Date Conducted: 2/2/2026

Signed: Bryn Beach

Review Date: February 2027

An E3Adventures Ltd director will review and update this document yearly AND following any near miss or incident, or should circumstances demand it.

Specific assessments		

Operating Procedures

Before

- Check medical / consent forms.
- Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes.
- Check the weather forecast – does your plan still work.
- Check if there any venue restrictions (bird ban / road closures / rockfall)
- Instructor to ensure correct kit is available for the venue / group.
- Instructor to inspect all kit to ensure it is usable.
- If residential course ensure the group know where to go / park etc.

During

- Clear briefing to highlight risks, safety measures and expectations.
- Any assistants / staff to briefed on their role.
- Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability.

After

- Return kit.
- Inform E3 of any damages or loss.
- Inform course leader of any issues with group / venue to assist with planning for future.

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Instructor Incapacitated

Critical Incident Plan

Ensure that the teacher/visiting staff knows where your copy of the 'Instructor Incapacitated' and 'Critical Incident Plan' are.

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INSTRUCTOR INCAPACITATED

In the case of an incident / accident the E3Adventures staff will follow the 'critical incident plan' (see over). However in the situation where they are incapacitated this crib sheet will help you manage the situation until help arrives.

Group Safety

- **Look after yourself**, do not put yourself in danger.
- **Look after the group**, make sure they are out of danger. In this scenario the group may be worried, you might need to tell them where to go/sit and not move so they do not put themselves in danger.
- If necessary **move the casualty** out of any further danger.

First Aid

- Perform **first aid** (do what you can)
 - If it is bleeding - stop it bleeding (direct pressure)
 - If it is broken - don't move it
 - If they are unconscious - put them in the safe airway position (below)
 - If they are not breathing and you feel you can start CPR



Call for Help

- You can Phone **999 / 112** using your phone or the instructors phone
- If there are other groups near by you can **shout for help**
- You can contact other staff via the **WhatsApp group**

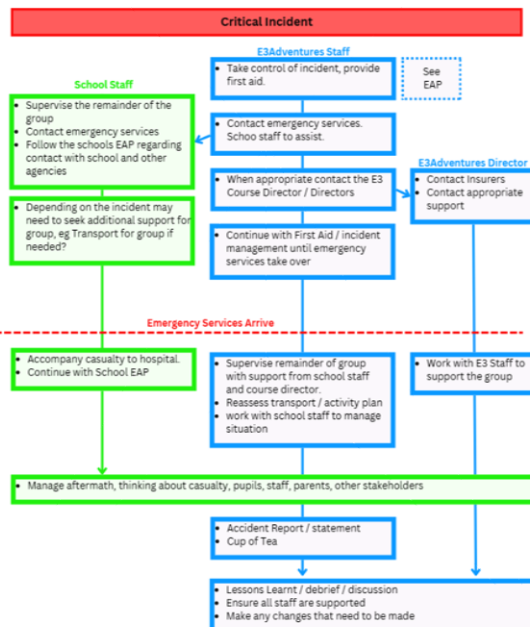


- Location
- What Happened / Who is hurt / what has been done
- The group



CRITICAL INCIDENT PLAN

The below 'Critical Incident' plan gives useful process to follow in the case of a critical incident. However any incident is likely to have its own unique features and it will be up to the E3Adventures staff with the support of the Group staff to manage an incident in the way that produces the best outcomes.



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