

Risk assessment and Management 2026	Team building
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Description.

Problem solving tasks (Team building) covers a wide range of sub activities that are used to develop aspects of 'teamwork'.

Non-technical and largely non consequential these tasks range from discussion based activities to completing jigsaws blindfolded.

Typically risks revolve around group interaction / contact or minor risks inherent with being outside doing activities, these are typically managed dynamically by competent staff.

Managing Risk Statement. Supervisors will hold the appropriate qualification for this activity (see [Minimum Qualifications document](#)). The quality and safety of sessions will be regularly reviewed with any outcomes being fed into the RA and policies. Inherent within this activity is the possibility of getting wet, tired and exposed to ambient weather conditions(see [Weather Policy](#))

Benefits. Adventure Activities provide a range of benefits (see [Education and Learning policy](#))

The Hazard, what is causing a risk?	Who might be affected	How we manage the risk
Personal Injury – Slips and trips Because of the nature of these tasks participants may not concentrate or lose focus, with the potential for minor slips / trips /falls	Participants Participants	Clear briefing at the start – boundaries identified. Supervision by instructors.
Personal Injury – Manual Handling	Participants	Some teambuilding tasks involve supporting team members or holding/moving equipment. Instructor to stay vigilant and supervise.

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Signed: Bryn Beach	Review Date: February 2027
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		Any task that requires spotting must be briefed specifically. Instructor to be in a position to spot if needed. Equipment for tasks to be checked by instructor for damage. Carriage / movement of equipment explained
Safeguarding	All but there will be particular groups or activities that this is more pertinent to.	Some activities require the group to be physically close to each other – staff should manage this with a safeguarding approach in mind.
Specific assessments		
Spiders Web	Participants	Ensure safe and appropriate lifting. Manage appropriate contact
'Titanic'	Participants	This activity necessitates close physical contact – ensure group are mature and sensible and that any safeguarding issues are addressed considered if choosing this activity.
Egg Drop	Instructors	Ensure that member of staff doing the 'drop' is in a safe at height position
	Participants	Participants stood back (10m) and away from a clearly defined drop area.
Stop Rocket	Participants	Participants stood away from landing area of stomp rockets.

Operating Procedures

Before

- Instructor to check if any medical/behavioural/safeguarding needs.
- Instructor to be familiar with E3Adventures activity RA – specifically any site specific notes.
- Check the weather forecast – does your plan still work.
- Instructor to ensure correct kit is available for the venue / group.

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- Instructor to inspect all kit to ensure it is usable.

During

- Clear briefing to highlight risks, safety measures and expectations.
- Any assistants / staff to be briefed on their role.
- Session delivered within instructors NGB remit / inhouse training / experience and accounting for the weather / group ability.

After

- Return kit.
- Inform E3 of any damages or loss.
- Inform course leader of any issues with group / venue to assist with planning for future.

Instructor Incapacitated

Critical Incident Plan

Ensure that the teacher/visiting staff knows where your copy of the 'Instructor Incapacitated' and 'Critical Incident Plan' are.

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INSTRUCTOR INCAPACITATED

In the case of an incident / accident the E3Adventures staff will follow the 'critical incident plan' (see over). However in the situation where they are incapacitated this crib sheet will help you manage the situation until help arrives.

Group Safety

- **Look after yourself**, do not put yourself in danger.
- **Look after the group**, make sure they are out of danger. In this scenario the group may be worried, you might need to tell them where to go/sit and not move so they do not put themselves in danger.
- If necessary **move the casualty** out of any further danger.

First Aid

- Perform **first aid** (do what you can)
 - If it is bleeding - stop it bleeding (direct pressure)
 - If it is broken - don't move it
 - If they are unconscious - put them in the safe airway position (below)
 - If they are not breathing and you feel you can start CPR



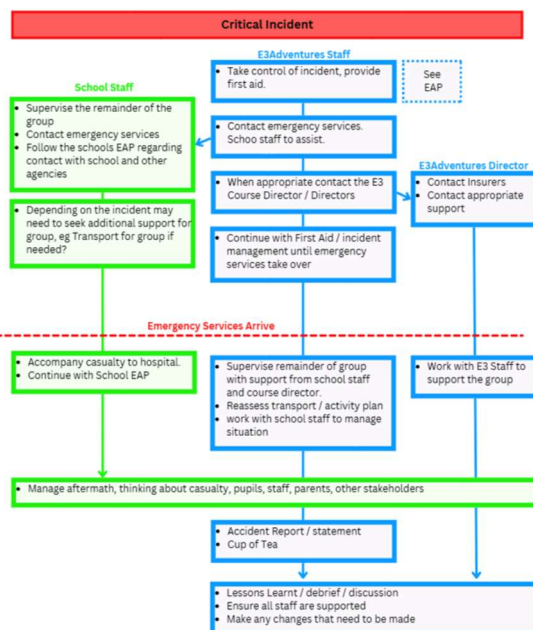
Call for Help

- You can Phone **999 / 112** using your phone or the instructors phone
- If there are other groups near by you can **shout for help**
- You can contact other staff via the **WhatsApp group**
 - Location
 - What Happened / Who is hurt / what has been done
 - The group



CRITICAL INCIDENT PLAN

The below 'Critical Incident' plan gives useful process to follow in the case of a critical incident. However any incident is likely to have its own unique features and it will be up to the E3Adventures staff with the support of the Group staff to manage an incident in the way that produces the best outcomes.



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Teambuilding Handbook	
	Please refer to the Teambuilding Handbook for lesson plans



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