TEAMBUILDING

ROPE

LETTERBOX

HOW TO PLAY

4 of your team must get to the other side by travelling **OVER THE TOP OF BOTH ROPES**

4 of your team must get to the other side by travelling UNDER THE BOTTOM ROPE

The rest of your team must get to the other side by travelling **THROUGH THE ROPE LETTERBOX**

- You are not allowed in the out of bounds area
- You must not touch the ropes
- You must listen and respond well to team mates
- You are not allowed to use any equipment other than your selves

If any of the above rules are broken you will lose a life, once all lives are lost you must all return to the start position and continue. The group must get from one side of a rope 'letterbox' to the other without touching the rope

SAFETY

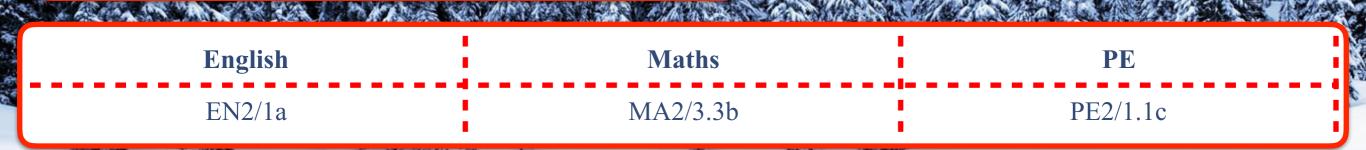
Set the rope heights at a manageable level. Carefully manage any lifting.

EQUIPMENT

Rope, 2 poles / trees / attachment points. Matting underneath

S.T.E.P.

Space: Lower/Higher ropes
Time/Task: Set a time limit, give more lives
Equipment: Blindfold some
People: Choose which people do which
challenge





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